

Walk Programme, January 2019 to June 2019

Date	Walk Location	Dist. Km (Mi)	Climb M (Ft)	Grade	OS Map
West Lothian					
13 Jan	Porterside - Ratho	20 (12.5)	210 (700)	B	65
	Fawnsparke - Ratho	15 (9.5)	160 (525)	C+	65
	Winchburgh - Ratho	12 (7.5)	120 (400)	C	65
Aberfoyle					
27 Jan	Aberfoyle boundary circuit	13 (8)	695 (2275)	B+	57
	Douchlage - Aberfoyle	14 (8.5)	235 (775)	C+	57
	Cobleland - Aberfoyle	9.5 (6)	240 (800)	C	57
Peebles					
10 Feb	Brownsland - Peebles	18 (11)	595 (1950)	B+	73
	Romano Bridge - Peebles	15 (9.5)	430 (1400)	C+	73
	Peebles circle	10.5 (6.5)	260 (850)	C	73
Lomond Hills					
24 Feb	Easter Balgedie - Falkland	12 (7.5)	670 (2200)	B+	58 / 59
	Wester Balgedie - Falkland	14 (8.5)	400 (1300)	C+	58 / 59
	Falkland Circular	8 (5)	220 (725)	C	58 / 59
Balmaha					
10 Mar	Croftamie - Balmaha	15 (9.5)	495 (1625)	B	56 / 57
	Drymen - Balmaha	11 (7)	405 (1325)	C+	56 / 57
	Balmaha - Cashel Farm - Balmaha	9.5 (6)	220 (725)	C	56 / 57
Pentland Hills					
24 Mar	Nine Mile Burn - Flotterstone	10.5 (6.5)	580 (1900)	B	66
	Coates - Flotterstone	13 (8)	435 (1425)	C+	66
	Coates - Flotterstone	8 (5)	280 (925)	C	66
Dunkeld					
7 Apr	Kindallachan - Dunkeld	18 (11)	470 (1550)	B	52
	Kindallachan - Dunkeld	14 (8.5)	380 (1250)	C+	52
	Kindallachan - Dunkeld	10.5 (6.5)	320 (1050)	C+	52
Moffat Dale					
21 Apr	Capplegill - Moffat	18 (11)	760 (2500)	A	78
	Grey Mare's Tail	9.5 (6)	610 (2000)	B+	79
	Moffat circular	9.5 (6)	205 (675)	C	78
Aberfeldy					
5 May	Camserney - Aberfeldy	16 (10)	595 (1950)	B+	52
	Acharn - Aberfeldy	14 (8.5)	420 (1375)	C+	52
	Fort - Aberfeldy	10.5 (6.5)	360 (1175)	C+	52
Eyemouth					
19 May	Berwick-upon-Tweed - Eyemouth	16 (10)	430 (1400)	B	67 / 75
	Marshall Meadows - Eyemouth	11 (7)	305 (1000)	C+	67 / 75
	Eyemouth circular	10.5 (6.5)	240 (800)	C	67
24 - 27 May	May Weekend - no local walk				
	(Sun 26)				
Crinan					
2 Jun	Kilmartin - Cairnbaan	16 (10)	300 (975)	B	55
	Crinan Canal	14.5 (9)	275 (900)	C+	55
	Lochgilphead and Dunardry	10.5 (6.5)	350 (1150)	C+	55
Glencoe					
16 Jun	Meall a Bhuiridh and Creise	10.5 (6.5)	1120 (3675)	A+	41
	Lost Valley	7 (4.5)	525 (1725)	B	41
	Kingshouse circular	11 (7)	190 (625)	C	41
Keswick					
30 Jun	Skiddaw	14 (8.5)	890 (2925)	A+	90
	Bassenthwaite - Keswick	18.5 (11.5)	555 (1825)	B+	90
	Chapel - Keswick	13 (8)	180 (600)	C	90

Walk Programme, July 19 - December 19

Date	Walk Location	Dist. Km (Mi)	Climb M (Ft)	Grade	OS Map
Argyle					
14 Jul	Ben Ime 1011M / 3117Ft	14 (8.5)	1000 (3275)	A+	56
	Lochgoilhead - Arrochar	15 (9.5)	680 (2225)	B+	56
	Rest and be Thankful - Arrochar	11 (7)	250 (825)	C	56
Fife Coastal & St Andrews					
28 Jul	Crail - St. Andrews	22 (13.5)	250 (825)	B+	59
	Fife Nest - St. Andrews	18 (11)	200 (650)	B	59
	Kingsbarns - St. Andrews	14 (8.5)	180 (600)	C+	59
Loch Tay					
11 Aug	Meal nan Tarmachan 1044M/2435Ft	15 (9.5)	960 (3150)	A+	51
	Tombreck - Lawers	12 (7.5)	450 (1475)	B	51
	Kenmore circle	9 (5.5)	300 (975)	C	52
Peebles					
25 Aug	Hundleshope Heights	18 (11)	610 (2000)	B+	73
	Stobo - Peebles	18 (11)	450 (1475)	B	73
	Stobo - Peebles	14 (8.5)	200 (650)	C	73
Galloway					
8 Sep	Cairnsmore of Carsphairn	15 (9.5)	700 (2300)	B+	77
	Drumjohn - Carsphairn	14 (8.5)	300 (975)	C+	77
	Polnaskie Bridge - Dalmellington	12 (7.5)	200 (650)	C	77
Durisdeer - tea at the Kirk					
22 Sep	Wanlockhead - Durisdeer	14 (9)	500 (1650)	B	78
	Thornhill - Durisdeer	12 (7.5)	400 (1300)	C+	78
	Dalveen - Durisdeer	8 (5.0)	250 (825)	C	78
27 - 30 Sep	September Weekend - no local walk				
	(Sun 29)				
Luss area					
6 Oct	Luss Hills	16 (10)	875 (2875)	A	56
	Ben Dubh	17 (10.5)	500 (1650)	B+	56
	Glen Luss	13 (8)	450 (1475)	C+	56
Ochil Hills					
20 Oct	Blackford - Tillicoultry	17 (10.5)	700 (2300)	B+	58
	Corb Bridge - Dollar	12 (7.5)	750 (2450)	B	58
	Castlehill Reservoir - Tillicoultry	13 (8)	280 (925)	C	58
North Berwick					
3 Nov	Aberlady - North Berwick	16 (10)	130 (425)	B	66
	Gullane - North Berwick	13 (8)	130 (425)	C+	66
	Gullane - North Berwick	10 (6.5)	90 (300)	C+	66
Tinto and Biggar					
17 Nov	Rigside - Symington (Tinto Hill)	16 (10)	610 (2000)	B+	72
	Fallburn - Symington (Tinto Hill)	10 (6.5)	550 (1800)	B	72
	Skirling - Biggar	13 (8)	200 (650)	C	72
19 Nov	AGM				
Drymen and Balmaha					
1 Dec	Croftamie - Balmaha	15 (9.5)	500 (1650)	B	56 / 57
	Drymen - Balmaha	11 (7)	250 (825)	C+	56 / 57
	Balmaha - Cashiel - Balmaha	10 (6.5)	200 (650)	C	56
7 Dec	Ceilidh				
Largs					
15 Dec	Fairlie wind Farm - Largs	14 (8.5)	250 (825)	B	63
	West Kilbride - Largs	17 (10.5)	110 (350)	C+	63
	Blairpark - Largs	8 (5)	150 (500)	C	63